



# Ever Growing

**Fall-Winter 2008**

Dallas Area Community Gardening

**Gardeners In Community Development**  
901 Greenbriar Lane  
Richardson, TX 75080  
www.gardendallas.org

## New "Just Greens Garden" Greens Our Saviour Episcopal Church

As part of Gardeners in Community Development's commitment to establishing new community gardens to fulfill

its and Our Saviour Episcopal Church's missions and to "pass on the gift," a new community garden, the Just Greens Garden, has been established at Our Saviour Episcopal Church. This is in addition to the already established Plot Against Hunger Garden. The Just Greens Garden, at the west side of the Pavilion, will ultimately



feature a vineyard, an accessible raised bed garden, a few individual plots, and a large area devoted to donation plantings. Currently half of the garden is planted in cover crops and the remaining portion is planted in greens (mustard, turnips, kale).

Already over 718 pounds of greens have been donated to several food pantries and senior centers. With the advent of cooler weather, over 100 pounds of greens are being harvested each week. Rebecca Smith, garden coordinator and GICD educational assistant, says that with more volunteers even more greens can be harvested.

**Want to help?**  
Contact Rebecca Smith at 214-564-5801 for details.

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**GICD WISH LIST:**  
bales of straw or hay  
garden tool shed  
new lap top computer  
wheelbarrows  
gardening tools  
canning jars  
Mantis tiller  
Kubota tractor with loader and tiller  
friends with trucks

## Daisy Scouts Visit East Dallas Garden

A group of Daisy Scouts (the bridge to being a Brownie Scout) visited the East Dallas Community Garden on Nov. 1. These 5



and 6 year old children, adopted from China by Dallas area families, toured the East Dallas garden as a way

of exposing them to their Asian roots. Plans are underway to have them continue to visit the garden once a month to do interesting projects and help in the garden.

## Pictures from the 20th Anniversary Celebration



Mayoral citation presented by Council person Pauline Medrano



Cambodian dancers perform at the East Dallas Community Garden



Food line for homemade Asian potluck goodies

# Theft at East Dallas Community Garden

In October the East Dallas Community Garden was broken into three times within a three week period. Items stolen included wheelbarrows, tools and supplies. It is estimated that the theft value totaled at least \$3000. The first time the garden was broken into, there was vandalism of plants and several large wax gourds were missing. GICD will repair the



**Have You Seen Me?**

buildings and try to make the garden and buildings more secure. However, there is a real need to have a secure place (perhaps a cargo container) in a centrally located secure site to store supplies.

**Want to help??**

GICD is accepting monetary donations to replace some of the items that were stolen. You may make checks payable to GICD and sent to 901 Greenbriar Lane, Richardson, TX 75080. Include "East Dallas Community Garden" in the memo line.

## More Pictures from the 20th Anniversary Celebration



*20th Anniversary Supporters:*

*Back row left to right: Margaret Reid, Dr. Rigoberto Delgado, Rebecca Smith, Mary Ridgway, Amanda Brown, Don Lambert, Mike Everett.*

*Front row left to right: Ron Cowart, Paula Scott, Paul Thai, Tiah Lambert, Melinda Cowart.*



*Historical Board illustrating gardener's progress through the years.*

**Fresh From the East Dallas Community Garden Market**

For the freshest lettuce, mustard, bunching onions and other greens, don't forget that even in winter the East Dallas Community Garden Market is open to the public every day, with the weekends being the busiest time.



**Buy really local !!  
Produce that travels ZERO MILES to reach its market !!**

## GICD Attends Heifer Project Partners Meeting

Don Lambert, GICD Executive Director, and Rebecca Smith, Educational Assistant, attended the Heifer Project Partners Meeting in Wagoner, Oklahoma on Sept. 25-28, 2008.

Though many of the workshops and training sessions focused on livestock, including cattle and goats, there were also sessions on Native American weaving and automated machines to pluck chickens. Don presented a

workshop on Seed Saving along with Sue Gray, Extension Horticultural Agent from OSU-Tulsa. She



*Seed Saving Workshop*

has been very involved in saving those heritage seeds, including corn and beans, that were brought by the Indians to Oklahoma during the Trail of Tears. These heirloom seeds represent not only genetic diversity but cultural significance, community, and the importance of tradition.

## Sherman Community Garden

GICD has been instrumental in helping to start a new community garden in conjunction with students from Austin College in Sherman, TX. Last year several students, concerned about the environment, attended GICD's How to Start a Community



Garden class. Following this, they met with the university and local residents and have secured property in a neighborhood adjacent to the campus on a lot owned by the university. They have already worked up an area that is 80'x100' and put in four raised beds planted with winter greens. The rest is planted with a cover crop of rye and hairy vetch.

## Blessing of the Animals

The Church of Our Saviour, Dallas, celebrated St. Francis of Assisi day, Sat. Oct. 4, inviting the neighborhood to the Blessing of the Animals. Pat

Shaughnessy, a volunteer with Lone Star Labrador Retriever Rescue, was a special guest and brought Molly, a beautiful lab rescued from a shelter. Pat shared how the rescue program finds Labs needing homes and how they find caring homes for them. Pat also gave us the best advice on how we can take care of our pets. Fr. Wylie Miller, Our Saviour's new Vicar, then blessed



13 dogs, 2 chickens and one goat. Each pet received a special certificate from the Church and a St. Francis of Assisi medallion to attach to the pet's collar. Donations of pet food to take to the food pantry for distribution to families in need with pets were also collected before the ceremony.

Our Saviour Episcopal Church is especially grateful to have the leadership of Fr. Miller. As a Vicar who previously served in rural churches in North Carolina, he is very enthusiastic about the mission of the church, supports the community garden and recognizes the importance of taking care of and reaching out to the surrounding community.

## Passing On the Gift of Bees

As part of GICD's commitment to Heifer International's mission of "Passing On the Gift," GICD sent Our Saviour gardener Leo Gutierrez to the Heifer Ranch at Perryville, Arkansas, to attend a class "From Bees to Honey" on



October 5-8, 2008. The cost of this was covered from training funds provided by GICD Dallas Urban Gardening Initiative (DUG IN) funded by Heifer International. Mr. Gutierrez will be given bees from GICD's hives.

## Small Change Visit

A group of Our Saviour's littlest volunteers helped at the garden on Nov. 22 as part of a Small Change activity. Small Change is a program that seeks to introduce hands-on volunteering and giving to children by promoting age appropriate programs



that offer community involvement while teaching civic responsibility, diversity and compassion. 20 pre-school children and 20 adults helped dig sweet potatoes, visited the worms, heard a presentation from volunteers from Heifer International on hunger, and feasted on "gummy worm" cake.

## 2008 HARVEST DONATION



**3618 Pounds**  
donated to area  
food pantries from  
January-November

### TURNIP CUPS

#### INGREDIENTS:

6 small to medium turnips  
3/4 cup ground beef, cooked  
3/4 cup cooked rice  
1/4 cup minced celery  
1 small tomato, diced  
2 tbsp minced onion  
salt and pepper to taste  
plain yogurt or sour cream  
paprika  
butter

#### DIRECTIONS:

1. Peel turnips and boil whole until just barely tender. Cool. Scoop out centers leaving 1/4 inch sides, reserve pulp. Dice pulp for stuffing.
2. Add the rest of the ingredients to the diced pulp. Mix and sauté for about 4-5 minutes. Stuff turnips and place in a baking dish. Top each turnip with a spoonful of yogurt or sour cream, sprinkle with paprika and broil for 8-10 minutes.

—recipe from *Fresh Ideas for Vegetable Cooking* by Georgia Machala Massie of Machala Gourmet Farm in Seagoville, TX.

# Garden Gleanings:



## With My Own Two Hands

I can change the world, with my own two hands  
And make it a better place, with my own two hands  
And make it a kinder place, with my own two hands



I can make peace on earth, with my own two hands  
And I can clean up the earth, with my own two hands  
And I can reach out to you, with my own two hands

I'm gonna make it a brighter place, with my own two hands  
I'm gonna make it a safer place, with my own two hands  
I'm gonna help the human race, with my own two hands



Now I can hold you, with my own two hands  
And I can comfort you, with my own two hands



But you got to use,  
use your own two hands.



abridged from the lyrics of *With My Own Two Hands* by Ben Harper

# Dia De Los Muertos Celebrated at Our Saviour

Our Saviour Episcopal Church hosted its first annual celebration of the Day of the Dead on November 1 and 2. The celebration began by preparing



Memorial Altar

an outdoor altar rich in cultural tradition. Families were encouraged to bring pictures, mementoes and offerings of favorite food of the dearly departed to place on an altar and to share. Then as the sun set, the Grupo Yaoyollohiti Aztec Dancers under the direction of Evelio Flores, performed their ceremonial dances to honor the departed and make fun of death, on the back lawn to the

haunting beat of drums and ankle bells. Once the ceremonial dances were completed, everyone enjoyed Hispanic dishes prepared by each family.

Some of the colorfully costumed dancers came back again on Sunday to conclude the ceremony after Sunday worship. It is planned to make this an annual event open to the gardeners, church members, the entire neighborhood and community.



Aztec Dancers

Winter/Early Spring	
VEGETABLE	DATES
Parsley, Potatoes	2/10-2/25
Beets, Carrots, Leeks	2/10-3/01
Lettuce, Onions, Peas	2/10-3/01
Swiss Chard, Collards	2/10-3/10
Turnips	2/10-3/10
Spinach	2/10-3/15
Radish	2/10-4/15
Snap Beans	3/20-4/20
Cucumbers	3/20-4/20
Squash	3/25-4/15
Lima Beans	3/25-4/20
Watermelon	3/25-5/01
Southern Peas	4/01-5/20
(black-eyed peas, etc)	
Okra, Cantaloupe	4/05-5/01
Sweet Potatoes	4/05-6/01
<b>Transplants:</b>	
Onions	2/10-2/25
Broccoli, Cabbage	2/15-3/01
Cauliflower	
Tomatoes	3/20-4/05
Eggplant, Peppers	4/01-5/01

## Greenhill School Garden Celebration

The community garden at Greenhill School, of which GICD was one of the consultants, was part of the open house celebrating the beginning of the school year on Sept 11. During spring and



Greenhill students

summer, over 1000 pounds of produce have been donated to food pantries. The children saved up their harvest for the open house so that their parents and friends could taste the cantaloupe and watermelon that they had grown.

## Display at Casa View Library

From September until the middle of October, Casa View Branch Library hosted a retrospective display on the East Dallas Community Garden as part of the garden's 20th anniversary celebration. Old photographs, flyers, and newspaper articles from the garden's inception in 1988 were



displayed as well as informative descriptions of some of the unusual vegetables grown by the gardeners. The Casa View area, along with Old East Dallas, was a settling place for many Southeast Asian refugees in the 70's and 80's.

### Gardeners in Community Development A 501 c (3) Non-Profit Organization

#### Board of Directors

- Cathi Haug, President
- Amanda Brown, Vice-President
- Carolyn Bush, Secretary
- Nancy Wilson
- Helen Harrell
- Azenath Wright
- Gerald Askew
- Paul Thai

- Don Lambert, Executive Director
- Rebecca Smith, Education Assistant

#### Support Community Gardening

Your tax-deductible donation will support GICD's community gardening programs. Any and all donations are gratefully accepted!! Please make your check payable to: GICD and send to 901 Greenbriar Lane, Richardson, TX 75080

### Interested in volunteering?

East Dallas Community Garden: contact Don at (972) 231-3565 or grower@flash.net

Hope Community Garden: contact Nancy at (214) 348-1126 or nhw-home@swbell.net

Our Saviour Community Garden: contact Rebecca at (214) 564-5801 or jim.becky@sbcglobal.net

## Honey and Canning Workshops



*Tabasco peppers*

GICD has offered several workshops with the past several months. On October 11, a canning workshop took place

with participants learning to can freshly harvested peppers. Then on November 15 several gardeners and friends pickled Tabasco peppers in vinegar.

One of the more exciting workshops was a lesson in honey extraction from GICD's hives. Over 100 pounds of honey was extracted and bottled by participants. The wax was saved for a future candle making workshop.

**GARDENERS IN COMMUNITY DEVELOPMENT**

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SUPPORT  
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COMMUNITY GARDENERS**

**WWW.GARDENDALLAS.ORG**

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Richardson, TX 75080

**Ever Growing**



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